



**Contacts:**  
Trina O'Brien, GTC Nutrition  
303-468-5077 or 303-589-9805  
tobrien@gtcnutrition.com

Jennifer Tilliss, Linhart Public Relations  
303-951-2566  
jtilliss@linhartpr.com

### **Help Build Strong Bones with NutraFlora® Prebiotic Fiber**

*Prebiotic Fiber can Help Build and Maintain Healthy Bones through Improved Calcium Absorption*

GOLDEN, Colo. (June 9, 2008) – GTC Nutrition, a business unit of Corn Products International, Inc., is spreading the word about a tool to help build and maintain strong bones – NutraFlora® prebiotic fiber. According to the National Osteoporosis Foundation (NOF), approximately 10 million Americans have osteoporosis, with another 34 million suffering from low bone mass.

Of the many health benefits of prebiotics, perhaps the most impressive is their ability to increase the amount of calcium the body absorbs from food and/or calcium supplements. The body, on average, only absorbs 30 percent of the calcium ingested. NutraFlora increases calcium absorption, making it a critical tool in helping to build and maintain healthy bones. Prebiotics help create an environment in the digestive tract that allows minerals, including calcium, to stay in a form that is easily absorbed by the body for a longer period of time, enhancing the body's natural processes for mineral absorption.

Often portrayed as a women's issue, osteoporosis and poor bone health also affects men and children. According to the NOF, one in four men and one in two women over the age of 50 will experience an osteoporotic fracture, while 90 percent of girls and 75 percent of boys ages 9-13 are not getting enough calcium to achieve peak bone mass during this crucial growth period.

“The key to proactively addressing many health issues, including bone health, is through prevention,” said Daniel Barry, M.D., an assistant professor at the University of Colorado Denver and Health Sciences Center specializing in musculoskeletal research. “When it comes to osteoporosis and bone health, adequate calcium intake and absorption throughout life will help to build and preserve bone mineral density.”

Many popular foods are fortified with one of the most effective prebiotics, NutraFlora. Foods enhanced with NutraFlora can be identified by the green leaf seal on product packaging, and include such better-for-you products as Barbara's Bakery® Wild Puffs™ cereals, Horizon Organic® smoothies and yogurts, Silk® Plus for Bone Health soy milk, and DeWaflebakker's® frozen waffles and pancakes. A list of additional products enhanced with NutraFlora is available online at [www.nutraflora.com](http://www.nutraflora.com).

“It is never too early or late to begin making dietary changes in an effort to help build and maintain strong bones,” said Coni Francis, Ph.D.,R.D., senior manager of science, technical and marketing service for GTC Nutrition. “Prebiotics like NutraFlora can help to significantly boost calcium absorption in support of bone health.”

Visit [www.nutraflora.com](http://www.nutraflora.com) to download an informational Prebiotics and Bone Health podcast featuring Dr. Barry and Dr. Francis.

### **About GTC Nutrition**

GTC Nutrition is a recognized leader in providing innovative, customized ingredient solutions along with scientific, technical and marketing expertise to the food processing, dietary supplement and animal feed industries. GTC Nutrition promotes health globally with innovative functional food ingredients and unsurpassed customer support. For more information, visit [gtcnutritionalsolutions.com](http://gtcnutritionalsolutions.com).

### **About Corn Products International**

Corn Products International is one of the world's largest corn refiners and a major supplier of high-quality food ingredients and industrial products derived from the wet milling and processing of corn and other starch-based materials. The Company, headquartered in Westchester, Ill., is a leading worldwide producer of dextrose and a major regional producer of starch, high fructose corn syrup and glucose. In 2007, Corn Products International reported record net sales and diluted earnings per share of \$3.4 billion and \$2.59, respectively. The Company has operations in 15 countries at 35 plants, including wholly owned businesses, affiliates and alliances. For more information, visit [cornproducts.com](http://cornproducts.com).

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